

October Happenings! SPECIAL EVENTS

Joy Singers Practice
Every Monday

Dr. Campbell, Podiatrist
Friday, Oct. 2nd • 8:00 a.m.

Painting with Byron
Friday, Oct. 2nd • 2:00 p.m.

Staff Chili Cook-Off
Monday, Oct. 5th • Noon

Catholic Mass
Wednesday, Oct. 7th • 9:30 a.m.
Catholic Devotion Every Wednesday

Blood Pressure Clinic
Friday, Oct. 9th • Noon

Craft with Jani
Tuesday, Oct. 13th • 2:00 p.m.

Medicare Talk w/MiRanda
Thursday, Oct. 15th • 2:00 p.m.

Nashville Pet Therapy
Saturday, Oct. 17th • 2:00 p.m.

Health Talk with Legacy:
Rivatawave
Monday, Oct. 19th • 2:00 p.m.

Book Club
Wednesday, Oct. 21st • 3:00 p.m.

Fashion Show (see article)
Thursday, Oct. 22nd • 2:00 p.m.

Birthday Bash
Friday, Oct. 23rd • 2:00 p.m.

Halloween Party (see article)
Friday, Oct. 30th • 2:00 p.m.

ENTERTAINMENT

Gabe Lamog and Vicki Oates
Thursday, Oct. 1st • 1:30 p.m.

Dean Patrick
Tuesday, Oct. 6th • 2:00 p.m.

JOY Singers Performance
Friday, Oct. 9th • 2:00 p.m.

Dennis Rader
Monday, Oct. 12th • 2:00 p.m.

Jessica Rose
Monday, Oct. 26th • 2:00 p.m.

Unbroken Circle
Tuesday, Oct. 27th • 2:00 p.m.

Dixieland Band
Friday, Oct. 30th • 2:00 p.m.

SPECIAL OUTINGS

Advance sign-up required for all outings.

Bingo at Senior Center
Friday, Oct. 2nd • 11:45 a.m.

Breeden's Orchard
Thursday, Oct. 8th • 1:30 p.m.

Carl's Lectures
Wednesdays • 12:40 p.m.

Dinner at Texas Roadhouse
Tuesday, Oct. 13th • 4:00 p.m.

Music for Seniors Concert:
"Wanna Beetles"
Wednesday, Oct. 16th • 10:00 a.m.

Tennessee Pow Wow
Wednesday, Oct. 16th • Noon

Lunch at Jason's Deli
Tuesday, Oct. 20th • 12:30 p.m.

Two Rivers Orchestra
Thursday, Oct. 22nd • 6:40 p.m.



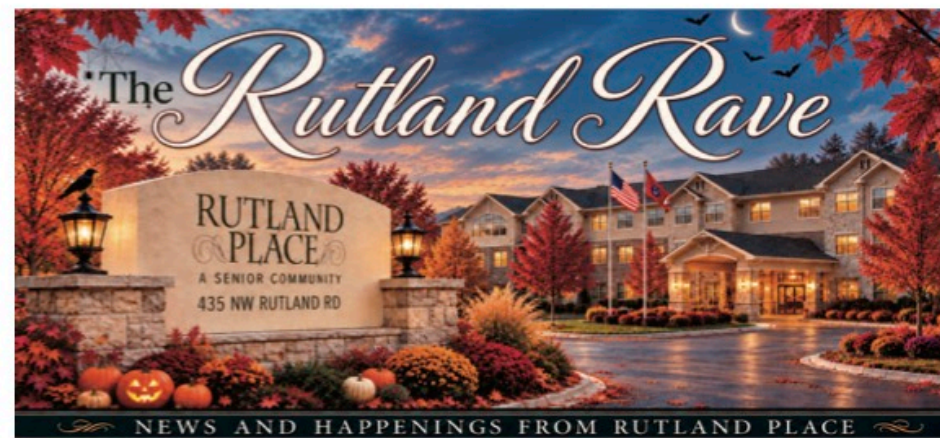
Rutland Place
— supports —
Breast Cancer Awareness Month!

Wear Pink
Every Friday in October

Residents are encouraged to wear pink in support of breast cancer awareness.

Annual Rutland Place Breast Cancer Awareness Fashion Show
Thursday, October 22nd
2:00 p.m.

Fashions from Chico's
Modeled by residents and staff members who are cancer survivors.



Well, Here You Are, October!



There's just something special about this time of year. The mornings are a little cooler, the leaves begin showing off their beautiful colors, and suddenly everyone starts talking about pumpkins, football and favorite fall recipes. It's the season that invites us to grab a cozy sweater, spend time with friends and enjoy the simple things that make life sweet.

Here at Rutland Place, October is shaping up to be one of our most exciting months of the year. You won't want to miss our Breast Cancer Awareness Fashion Show, where we will come together to celebrate strength, courage, hope and the latest fashions from Chico's! Our models will be residents and staff that have survived breast cancer! This event is about much more than fashion. It's an opportunity to honor survivors, remember loved ones and show support for a cause that has touched so many families. We can't wait to cheer on our participants as they take the runway!

And if that isn't enough excitement, our annual Halloween Party is right around the corner! Get ready to pick your costumes

and prepare for an afternoon of laughter, dancing and toe-tapping fun with the wonderful Music City Dixieland Band! Whether you're dressed as a pirate, a movie star or just coming to enjoy the festivities, it's sure to be a frightfully good time. Don't be surprised if you find yourself dancing along or trying to guess who's hiding behind a clever costume!

October is also a month filled with memories. Many of us remember raking leaves into giant piles, carving pumpkins with family, attending Friday night football games or sneaking an extra piece of Halloween candy when nobody was looking. Those special moments have a way of bringing smiles to our faces, even years later.

So as we welcome October, let's embrace the cooler weather, celebrate friendships, make new memories, and enjoy every bit of fun this wonderful month has to offer! Happy October from all of us at Rutland Place! May your month be filled with colorful leaves, warm hearts, pumpkin treats, plenty of laughter and maybe just a little Halloween mischief!

—Karen Tucker, Executive Director

Memories of A Great September Outing at the Track!



We enjoyed watching the thoroughbreds and winning a few bucks at Kentucky Downs!

RUTLAND PLACE

435 N.W. Rutland Road • Mt. Juliet, TN 37122

(615) 773-6111

www.RutlandPlaceSeniorLiving.com



©2026, Rutland Place. All Rights Reserved.
Produced by Rick Wench Design & Print, Inc. • www.RickWench.com

