



RUTLAND PLACE SENIOR LIVING

JULY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(C) -Café (PDR) -Private Dining Room (MP3) -Multipurpose Room 3rd floor (DR) -Dining Room (L) -Lobby (T) -Theater (P) -Patio	RESIDENT BIRTHDAYS: 2-Bob Whistler 5-Don Frith 12-Bela Varga 13-Betty Wells 15-Linda Seres 15-Lois Leach 21-Al Leach 22-Sherry Spicer	RESIDENT BIRTHDAYS: 24-Carol McDowell 29- Dorris Cogar STAFF BIRTHDAYS: 4-Abner Balan 18-Emily Weatherford 24-Callie Cash 26-Piper Christman	1 8:00 Housecalls with Jeff 9:30 Shopping Mt. Juliet 9:30 Catholic Mass (T) 10:30 Chair Yoga (MP3) 11:30 Peanut Auction (MP3) 12:30 Lunch at In N Out 12:40 Transit to Carl's Lectures	2 11:00 Dance Class (MP3) 12:00 Trivia (MP3) 2:00 Joy Singers Perform (DR) 6:30 Movie Night (T)	3 8-10 Big Breakfast (DR) 9:30 Shopping Mt. Juliet 11:45 Bingo at Senior Center 1:00 Chair Yoga (MP3) 6:30 Movie Night (T)	4 INDEPENDENCE DAY 10:00 Dominos (MP3) 11:00 Crosswords (T) 12:00 All American Buffet (DR) 1:00 Bingo (DR) 6:30 Movie Night (T) 9:00 Fireworks Watch Party (outside)
5 9:30 Hymn Sing (T) 10:30 FBCMJ Livestream (T) 12:00 Sunday Brunch 2:00 "Games & Goodies" (MP3) 4:30 Movie Night (T)	6 9:30 Shopping Mt. Juliet 1:00 Chair Yoga (MP3) 3:00 Busy Hands (AR3) 6:30 Movie Night (T)	7 11:00 Men's Bible Study (C) 11:00 Women's Bible Study (MP3) 12:00 New Resident Mtng (PDR) 1:30 Exercise with Legacy (MP3) 2:30 Craft with Jani (MP3) 6:30 Movie Night (T)	8 8:00 Housecalls with Jeff 9:30 Shopping Mt. Juliet 11:30 Peanut Auction (MP3) 12-1 Safety Training 1st Floor 1:15-2:15 Safety Training 2nd Floor 2:30-3:30 Safety Training 3rd Floor 6:30 Movie Night (T)	9 11:00 Exercise with Legacy (MP3) 1:00 Trivia (MP3) 2:00 Don Willhoyte Poland Trip Presentation (MP3) 6:30 Movie Night (T)	10 9:30 Shopping Mt. Juliet 2:00 Luau Party with Gabe Lamog (DR) 6:30 Movie Night (T)	11 8:00 Big Breakfast 8-10 (DR) 10:00 Dominos (MP3) 11:00 Crosswords (T) 1:00 Bingo (DR) 6:30 Movie Night (T)
12 9:30 Hymn Sing (T) 10:30 FBCMJ Livestream (T) 12:00 Sunday Brunch 2:00 "Games & Goodies" (MP3) 4:30 Movie Night (T)	13 9:30 Shopping Mt. Juliet 1:00 Chair Yoga (MP3) 3:00 Busy Hands (AR3) 6:30 Movie Night (T)	14 11:00 Men's Bible Study (C) 11:00 Women's Bible Study (MP3) 1:30 Exercise with Legacy (MP3) 2:00 Hospitality Committee (T) 6:30 Movie Night (T)	15 8:00 Housecalls with Jeff 9:30 Shopping Mt. Juliet 10:30 Chair Yoga (MP3) 11:00 CHAMBER *DR closed 11:30 Peanut Auction (MP3) 12:30 Lunch at Chick Fil A 3:00 Book Club (PDR) 6:30 Movie Night (T)	16 10:00 Activity Committee (T) 1:00 Trivia (MP3) 2:00 Music by Charlie Mason (DR) 3:00 Health Talk (MP3) 6:30 Movie Night (T)	17 9:30 Shopping Mt. Juliet 12:00 BP Clinic (C) 2:00 Birthday Bash (DR) 6:30 Movie Night (T)	18 8:00 Big Breakfast 8-10 (DR) 10:00 Dominos (MP3) 11:00 Crosswords (T) 1:00 Bingo (DR) 2:00 Nashville Pet Therapy (P) 6:30 Movie Night (T)
19 9:30 Hymn Sing (T) 10:30 FBCMJ Livestream (T) 12:00 Sunday Brunch 2:00 "Games & Goodies" (MP3) 4:30 Movie Night (T)	20 9:30 Shopping Mt. Juliet 1:00 Chair Yoga (MP3) 3:00 Busy Hands (AR3) 6:30 Movie Night (T)	21 10:00 Safety Committee (T) 11:00 Men's Bible Study (C) 11:00 Women's Bible Study (MP3) 1:30 Exercise with Legacy (MP3) 2:30 Improv Show (MP3) 4:00 Dinner at Marcos Pizzeria 6:30 Movie Night (T)	22 8:00 Housecalls with Jeff 9:30 Shopping Mt. Juliet 10:30 Chair Yoga (MP3) 11:30 Peanut Auction (MP3) 2:00 Music by Silver Notes (DR) 3:00 Food Committee (T) 6:30 Movie Night (T)	23 11:00 Exercise with Legacy (MP3) 12:00 Jewelry Sale (lobby) 1:00 Trivia (MP3) 2:30 Games on Patio (P) 6:30 Movie Night (T)	24 9:30 Shopping Mt. Juliet 12:00 Boutique shopping & lunch 2:00 Music by Pam Weston (DR) 6:30 Movie Night (T)	25 8:00 Big Breakfast 8-10 (DR) 10:00 Dominos (MP3) 11:00 Crosswords (T) 1:00 Bingo (DR) 6:30 Movie Night (T)
26 9:30 Hymn Sing (T) 10:30 FBCMJ Livestream (T) 12:00 Sunday Brunch 2:00 "Games & Goodies" (MP3) 3:00 Card class with Barb (MP3) 4:30 Movie Night (T)	27 9:30 Shopping Mt. Juliet 1:00 Chair Yoga (MP3) 2:00 Movie Committee (T) 3:00 Busy Hands (AR3) 6:30 Movie Night (T)	28 11:00 Men's Bible Study (C) 11:00 Women's Bible Study (MP3) 1:00 Trivia (MP3) 1:30 Exercise with Legacy (MP3) 2:30 RAC (C) 6:30 Movie Night (T)	29 8:00 Housecalls with Jeff 9:30 Shopping Mt. Juliet 10:30 Chair Yoga (MP3) 11:30 Peanut Auction (MP3) 6:30 Movie Night (T)	30 10:00 Trivia (MP3) 11:30 Trip to Factory at Franklin 6:30 Movie Night (T) **Calendar subject to change**	31 9:30 Shopping Mt. Juliet 12:00 Resident Meeting (DR) 1:00 Chair Yoga (MP3) 2:00 Donelson Poms (DR) 6:30 Movie Night (T)	The 250-year anniversary of the Unites States marks the signing of the Declaration of Independence on July 4, 1776. The formal term for a 250 th anniversary is a semiquincentennial.