

September Happenings!

SPECIAL EVENTS



Wear Pink every Friday in October to show your support for Breast Cancer Awareness.

Oktoberfest Theme Dinner
Wednesday, Oct. 1st • 4:30 p.m.

JOY Singers Western Performance
Thursday, Oct. 2nd • 2:00 p.m.

Apple Cider Social
Friday, Oct. 3rd • 2:00 p.m.

Pumpkin Painting
Friday, Oct. 10th • 2:00 p.m.

Bonfire on the Patio
Friday, Oct. 10th • 6:00 p.m.

Breast Cancer Fashion Show
Thursday, Oct. 16th • 1:00 p.m.

Medicare Open Enrollment Program with Legacy
Monday, Oct. 20th • 11:00 a.m.

Jewelry Making Class
Tuesday, Oct. 28th • 11:00 a.m.

ENTERTAINMENT

JOY Singers Performance
Thursday, Oct. 2nd • 2:00 p.m.

Dennis Rader
Monday, Oct. 6th • 2:00 p.m.

Men of Harmony
Tuesday, Oct. 7th • 1:30 p.m.

Brian Hanson
Thursday, Oct. 9th • 2:00 p.m.

Unbroken Circle
Tuesday, Oct. 14th • 2:00 p.m.

Dean Patrick
Thursday, Oct. 23rd • 2:00 p.m.

Music City Dixieland Band at Our Halloween Party
Friday, Oct. 31st • 1:00 p.m.

SPECIAL OUTINGS

*Advance sign-up required for all outings.
Listed time is departure from the Information Table.*

MFS Concert: Judy Wright and the Neon Lights
Thursday, Oct. 2nd • 9:00 a.m.

Lunch Outing at Captain D's
Monday, Oct. 13th • Noon

Performance: Two Rivers Community Orchestra
Thursday, Oct. 16th • 6:45 p.m.

Lunch Outing at Chocolate Covered Strawberry Café
Friday, Oct. 17th • 11:30 a.m.

Dinner Outing at Far East Buffet
Wednesday, Oct. 29th
4:00 p.m.



Outings SPOTLIGHT

Hiwassee Loop Train Ride

Wednesday, October 15th
Departs 8:00 a.m.

Embark on a 4.5-hour excursion covering a 50-mile round trip deep into the Hiwassee River Gorge, where the track ascends via the rare Hiwassee Loop. You'll be enthralled by this immersive rail experience through breathtaking scenery.

Lucy Loves Desi Dinner & Show

Saturday, October 25th
Departs 5:45 p.m.

Join us for dinner and a show at the **Keeton Theater** in Nashville. **Lucy Loves Desi** is the hilarious true story behind America's most beloved comedy. Playwright Gregg Oppenheimer, son of *I Love Lucy* creator Jess Oppenheimer, spins this witty, fast-paced radio-show style tale. You'll be transported back in time to Lucy and Desi's battles with CBS in a show with as much heart and humor as an episode of *I Love Lucy* itself!

Sign up early for this one!
It's sure to be a sell-out!



The Journal of
Happenings
at
Rutland Place
Senior Living



There's So Much Happening in October!

Happy Fall, Ya'll! Hopefully we'll start having some cooler temperatures soon so it will actually feel like autumn! As the season shows us a beautiful display of colors, I hope you will join in enjoying the traditions that make a fall a favorite time of year for so many. Check the calendar for all the great things Ryan has planned for us!

THANK YOU SO MUCH for helping us raise **\$5,526.72** and win the Senior Living Ministries Fundraiser Competition! Of course Rutland Place won because **we're the best senior living community EVER!**

October is also Breast Cancer Awareness Month. **Every Friday**, we ask you to participate in **"PINK" day** and wear pink to show our support. On Thursday, **October 16th**, we will have our annual **Breast Cancer Awareness Fashion Show** featuring Rutland Place Residents that are breast cancer survivors! Our beautiful models will be wearing new fashions from **Chico's** so you don't want to miss this amazing event!

Every year, we host the **Mt. Juliet Senior Activity Center's annual picnic** and this time we're combining it with our awesome **Halloween Party!** There will be a great lunch, door prizes, a costume contest and awesome music by the **Music City Dixieland Band!** Start planning your attire now as we will have a **costume contest** and lots of spooky desserts!

There are so many fun things to do this month to celebrate the wonderful season of fall. Be sure to get out and enjoy this beautiful weather with all the seasonal colors, smells and delights! We have so much to be thankful for!

—Karen Tucker, Executive Director

CELEBRATING THE ARRIVAL OF FALL WITH S'MORES ON THE PATIO



HALLOWEEN PARTY

and
Mt. Juliet Senior Activity Center Annual Picnic

Live Entertainment by the Music City Dixieland Band!

Costume Contest

Fabulous Food and Refreshments!

Raffle! Games!

Friday, October 31st
Noon-3:00 p.m.

RUTLAND PLACE

435 N.W. Rutland Road • Mt. Juliet, TN 37122
(615) 773-6111

www.RutlandPlaceSeniorLiving.com



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We Enjoyed S'mores, Spirit Day, Improv and More!



A NOTE FROM RYAN
There's Something Special About October

I think we can all agree—there's just something special about October. The air feels a little crisper, the trees start showing off their beautiful colors, and it's the perfect time to enjoy good food, fun outings, and cozy evenings together.

We're starting the month with our **Oktoberfest Dinner** on October 1st, which will be a fun way to kick off the season. The very next day, the **Joy Singers Western performance**, and on October 3rd we'll enjoy an **Apple Cider Social**—a perfect fall treat.

Mid-month, we'll get creative with **Pumpkin Painting** on October 10th, and later that evening we'll gather for a **bonfire on the patio**. I think that will be such a great way to enjoy a cool October night together. We'll also be taking a special outing on October 15th for a **train ride on the Hiwassee Loop**—this should be a highlight of the month with all the gorgeous fall scenery.

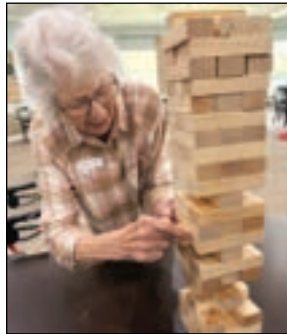
October is also **Breast Cancer Awareness Month**, and every Friday we'll be wearing pink in support. On October 16th, we'll host our **Breast Cancer Fashion Show**, which is always such a fun and inspiring event.

There's so much to look forward to this month, but what really makes October at Rutland Place special is sharing it all together—whether it's around the fire, at a festive dinner or out on an adventure. I can't wait to see all the memories we'll make this fall!

—Ryan Thompson,
Life Enrichment Director



Seen Around the Rutland Community



Congratulations to Our October Birthday Celebrants!

RESIDENTS

Fay Cripps.....5th
Don Hanson6th
Patricia Saunders 7th
Etta Williams.....12th
Erma Lycans13th

Tavara McGuire-Peets
.....13th
Karin Carmichael
.....19th

ASSOCIATES

Barbara Reed....22nd
Darlene Brady...23rd
Melanie Pope29th
Cherry Whitt29th

Michelle Dillon .18th
Calista Gerber...22nd
Jani Miller26th
Rachel Burgerner
.....29th

Rutland Place Offers Our Best Wishes for a Wonderful Day!



RUTLAND PLACE

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RutlandPlaceSeniorLiving.com

Karen Tucker.....Executive Director
Pam BartonMarketing Director
Eric Webb.....Food Service Director
Michelle DillonAdministrative Services Director
Ryan ThompsonLife Enrichment Director
Cat PowellFOH/Catering Director
Tina RogersSous Chef
Lisa Swafford.....Head Server
Mike Guerrieri.....Maintenance Director
David Boltz.....Maintenance Assistant
Cathy SalisburyDirector of Home Services
Tommy Hall.....Driver

Callie Cash, Piper Christman, Claire Emery, Wyatt Smith,
Makayla Blackwell, Leyla Sims, Destini Smith, Skylar Campbell,
Cheyenne Smith, Lilly Huber, Gabby Perry, Allie Mayberry,
Keira Bartlett, Godfrey Afoutou, Henry Davenport, Zoe Chance,
Tyler Murphy, Anslee Powell, Calista Gerber, Abigail Taylor,
Hawkins Driskill.....Food Service
Jani Miller, Ashley Weatherford, Glenn Harla, Lori Nelson,
Karen Smith, Jay Gass, Lisa Moss, Barbara GannonFront Desk
Freda Carr-Tenorio, Maritza Varela,
Ruthann BoykinHousekeeping
Maria De La Garza, Sylvia O'Choa,
Lisa Moss, Skyy Harris, Roxanna GuzmanHome Services
Rachel Burgener.....Salon